Fon: +30 69090 08502 www.Cretan-Outdoor-Adventures.com Fax: +30 28920 95240

Tour description CANYONING

"Thought is wonderful, but adventure is more wonderful still." Oscar Wilde (Irish poet, 1854-1900)

Canyoning is traveling in canyons using a variety of techniques; it combines different exciting outdoor activities such as walking through spectacular gorges, thrilling abseil-action from 70 meters high rocks and along refreshing waterfalls, scrambling, climbing, jumping and/or swimming in pools. This trip is the ideal way to explore the wild side of Crete and to have a perfect unforgettable day. It will take you to places where the common trekker and climber can't get easily – as proper training and technical means are needed. There are excellent tours for beginners. But also some badass-trips!

This exhilarating adventure brings a lot of fun, thrills, a rush of adrenaline and unforgettable memories! Just don't hesitate and get where common people fear to tread!

Requirements:

Canyoning Tour A: Beginner-Tour

Easy Hiking: For anyone who has a basic physical fitness for walk of 3-5h No climbing or abseiling-experience necessary. "Only" some courage.

Canyoning Tour B: Semi-Pro-Tour

Moderate Hiking: For anyone who has a basic physical fitness for walk of 4-6h No climbing or abseiling-experience necessary. "Much more" courage.

Canyoning Tour C: Badass-Tour

Challenging Hiking: For anyone who has a very good physical fitness for a walk of 6-8h Climbing and abseiling-experience necessary. And an outstanding portion of courage and madness ;-)

Price per Person:

• 65€ - 99€ depending on number of participants and trip:

Canyoning Tour A: Beginner-Tour and Canyoning Tour B: Semi-Pro

1) Portela (max. abseil 15m)* A 75€ p.P. 2) Kavousi (max. abseil 25m)* A/B 75€ p.P. 3) Valacha (max. abseil 65m) B/C 75€ p.P. *Neopren-Shorty is provided when water is running down the gorge

Canyoning Tour C: Badass-Trip!

4) Abas (max. abseil 140m) C+ 99€ p.P.

Price includes:

 Transfer from meeting point at Lentas to the location of the event and back to your hotel, experienced guide (German and English speaking), all special gear for the activity (ropes, helmets, harnesses, secure karabiners, 5mm-neopren), picnic lunch

Group Size:

min. 4 / max. 8

Itinary / Timetable:

09:00 Meeting at agreed meeting point

■ 09:00 – 18:00 Ride to the gorge of your choice, including: - Abseiling, Canyoning, Picknick-Lunch

18:00 Ride back to meeting point

The timetable is subject to change.

You've got to take with you:

Hiking boots or sport shoes (+ 2nd pair of shoes when booking wet canyoning), bathing clothes, sun milk, insect repellent, hat, wind jacket, etc.

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